

**KALAYA PRODUCTS RESEARCH & DEVELOPMENT CONSORTIUM****THE OXYGEN PROTOCOL***No: 3***HYDROGEN PEROXIDE****THE BASIC OXYGEN PROTOCOL****3.5% Hydrogen Peroxide (H<sub>2</sub>O<sub>2</sub>)****INTRODUCTION:**

The information you are about to read, and hopefully appreciate, will shock you. But it could also anger you and at the same time excite you. The “**shock**” is because it is so simple. The “**anger**” is because those who are more interested in their financial interests than protecting your health have deliberately suppressed it. It will also anger you, as you remember those who were close to you that have suffered or even died because this information has not been disseminated as vigilantly as it should have been. Lastly it will “**excite**” you because it is so simple. The therapy known simply as “**Oxygen Therapy**” has millions of supporters who totally endorse the statement: “**The world’s greatest healing miracle of all time.**” You could or will find it hard to believe and you have every reason to be skeptical as you ask, “**How could anything so simple provide the answer to so many of our complex health issues?**”

“Simple concepts are often the most powerful ones. And yet they are usually the most ignored”.

This historically has been true in the health care field. Most practitioners have the belief that curing or healing any disease is a perplexing and complicated science, their secrets are known only to their highly trained (or brain-washed) health practitioners. Sadly, they believe they exclusively own the only information and healing options. These doctors think

they are the only ones allowed to provide these modalities, when it comes to treating diseases. The standard treatments of drugs, surgery, radiation and other rather horrible therapies can only be dispensed by them and according to their self-governed Association's rules (AMA) and by the government regulator's laws (TGA) as set down as "Law" by an ill-informed and poorly advised parliamentary system's puppets.

What we all want is a simple, inexpensive natural therapy that we can self-administer that resolves most of our health issues and will at the same time cause us NO HARM. We want something that does not require a 'organ-based-specialist' or a 'disease-based-specialist' with their own perspective, and often conflicting, modes of treatments. These protocols at the best of times are often questionable, invasive and may cause other problems. Rather, we want something focused on wellness. We want something that will heal us and eradicate our diseases. We **DO NOT WANT** something (chemical) that promotes illness (rather than wellness) is expensive (profit driven) and more often than not may cause devastating side effects (which can be more serious than the original problem). There is a Chinese proverb:

***“ The superior doctor prevents illness,  
The mediocre doctor attends impending illness  
The inferior doctor treats actual illness.”***

*(I do think that the Chinese have a lot of wisdom in these matters.)*

So, the current system (Allopathic) according to the above definition ranks most of our doctors as either mediocre or inferior! However, let's not jump to conclusions too harshly because they are not necessarily to blame. Their medical training has usually focused on teaching students about actual or impending diseases rather than preventing them.

The majority of the drugs prescribed (permitted by law) simply relieve the symptoms or the pain associated with the disease, but they rarely cure the disease. All drugs have side effects: that is they cause effects (including adverse and serious effects) other than that desired. Sometimes they provide relief from one health problem, but in the process give rise to even more health problems. There are even drugs that have been developed primarily to alleviate the side effects caused by other drugs or medical treatments. That's only touching on drugs. There are also side effects and serious consequences that come from surgery, radiation, chemotherapy and even diagnostic procedures such as X-Rays, mammograms and MRIs that all have their own attendant risks and side-effects.

## **THE SIMPLE ANSWER:**

**“What is the most essential element in the human body?”**

To discover the path to achieve true healing ..... we need to have a close look at what is the 'core' of our existence. .... The human body is comprised of between 70%-80% of **water**..... And water is 89% oxygen by weight. **Therefore we are comprised of between 62% to 76% oxygen.**

It is also a fact that ninety (90%) percent of the biological energy the body has, comes from oxygen. This makes oxygen the most important essential element that the body needs not only to survive, but to also have optimum levels of energy. To function properly and become more productive we need adequate oxygen. We can survive for weeks or even months without food and for days without water, but we cannot survive for more than a few minutes without oxygen. Just about every cell in us needs oxygen to function.

It is surprising that people find it hard to believe that oxygen is the element required by everybody to live. It is also the **SECRET** for keeping us all disease free. Medical professionals in particular would find the notion of curing virtually all diseases with oxygen too simplistic, or even lacking merit. What makes it even more curious is that oxygen is already being used regularly in their medicine. Oxygen supplementation has been used to ease health conditions such as emphysema and phenomena that hinders the body's oxygen uptake. Hyperbaric (high pressure) oxygen is used for carbon monoxide poisoning, and for decompression sickness caused by diving. Medical ventilation can keep people who are on their deathbeds alive for weeks. Oxygen is often connected directly to hospital beds to be used for emergencies or just to comfort the sick. However, it is rarely used as the **first line of defence** for preventing or curing disease.

There is much experimental evidence indicating that the primary physical cause of so many diseases is linked to oxygen deficiency. It is a fact that many elaborate (and expensive) therapies offered by organised medicine take advantage of oxygen's effect on diseased cells. Most cancer therapies including chemotherapy and radiation to produce oxygen-activated response that kills cancer cells. The cancer drug Vereporfin increases the amount of oxygen within the cancerous tumour, and thus kills the tumour more efficiently than radiation alone. Interferon drugs, widely used for multiple sclerosis, owe their efficiency to the fact that they raise the body's oxygen level. These treatments are tens of thousand times more expensive and have many more adverse effects than self-administered safe and very inexpensive, oxygen therapy that is being used, by so many, who have become enlightened. They understand the centuries old truth that has been re-discovered and repurposed for today's world. The simple fact is that oxygen represents the "cutting edge" of a new healing paradigm that could improve people's lives, help solve the national health crisis, treat both minor and major health problems, and even some of the most devastating diseases facing mankind today.

## **OXYGEN THERAPY:**

Oxygen therapy does not actually "cure" disease. It creates an environment in your body that is uninhabitable for disease-causing microorganisms such as viruses, bacteria, fungus and many other pathogens that have invaded your body. Therefore you will effectively be enabling your body to heal itself. Oxygen therapy is a term that refers to a number of different practices in which **oxygen, ozone and hydrogen peroxide** are used or administered for therapeutic purposes. Medical grade Ozone (O<sub>3</sub>) and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) have yielded the most stunning effects in reversing the broadest spectrum of diseases.

As discussed oxygen comprises 62% to 76% of the body and it supplies 90% of the biological energy we need. When you consider that disease-causing microorganisms, viruses, bacteria, fungi and other pathogens cannot survive in an oxygen-rich environment you begin to see why oxygen therapy is such a safe, simple and a powerful weapon for fighting diseases. A highly oxygenated body is not only immune to disease, but helps it destroys any disease already established in the body.

Simply inhaling oxygen is not enough. Only 15% of the oxygen you inhale is absorbed into the bloodstream. Deep breathing does not create an oxygen-rich environment in the body. Polluted air we breathe is also depleted of sufficient oxygen and therefore provides even less of the oxygen that our bodies need for healing to occur and sickness to be reversed. We have to stimulate the movement of oxygen atoms from the bloodstream into the cells.

In 1931 Dr. Otto Warberg won the Nobel Prize for proving that viruses cannot proliferate or exist in an environment with high oxygen levels. He quoted, "Deprive a cell of 35% of its oxygen for 48 hours and it may well become cancerous". He further stated that "the prime cause of cancer is insufficient oxygen at the cellular level, and **cancer cells cannot survive in a high oxygen environment**".

We know that cancer cells and other disease-causing cells cannot survive and thrive in a body that is oxygen rich. NORMAL CELLS, on the other hand, require oxygen as their source of life, energy and depend on oxygen to become healthier. Our cells, organs and many systems all thrive in an oxygen rich environment. Our bodies are rejuvenated and require countless benefits from oxygen therapy.

Louis Pasteur recanted on his deathbed by stating, "**The microbe is nothing, the terrain is everything**". He was the microbiologist best known for his remarkable breakthroughs in the causes and prevention of diseases. He was also responsible for so much misdirection by diverting attention to destroying microbes (pathogens) causing the diseases we suffer from, rather than restoring the environment that they live in. It was too late on his deathbed to realize and undo his mistake. The terrain he spoke of in his dying breath was not the immune system, but the oxygenated environment of the human body. A weakened or suppressed state of the immune system only occurs when the human body lacks oxygen thereby allowing pathogenic microbes to survive and breed without restraint.

Rudolph Virchow, the German doctor called the "Father of Pathology" and the founder of Social Medicine, after an illustrious medical career, said "**If I could live my life over again, I would devote it to proving that germs seek their natural habitat, which is diseased tissue, rather than being the cause of diseased tissue;** e.g., mosquitoes seek stagnant water, but do not cause the pool to become stagnant." "Likewise, **germs, bacteria, viruses and pathogens do NOT CAUSE DISEASE, but rather seek out environments where they can thrive best --- and that is in an oxygen deprived part of the body.**"

Ozone (O<sub>3</sub>) and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) are the simplest substances available for effectively oxygenating the body. Their mechanisms of action are similar — when they both dissolve in the body fluids they give up the extra oxygen atom from their molecular configuration. Hydrogen peroxide is more readily available and much easier to use than ozone. Both are non-patentable, and very inexpensive. They have the potential to eradicate almost all diseases. They also threaten the livelihoods of both the doctors and medical establishments who rarely desire to research or recommend the use of oxygen therapy.

Ozone is one of the safest and most efficient ways to purify water. It has been used for over 100 years in Europe. It assures you of the cleanest, sweetest tasting and safest drinking water because it eliminates 99.99% of all bacteria and viruses in the water. Drinking ozone-saturated water is an effective way to get an ozone infusion into the body. Drinking six to eight glasses of oxygenated water each day establishes a high level of oxygenation in the body, facilitates detoxification, and accelerates the healing process. Using hydrogen peroxide is by far the simplest and is equally viable and just as effective a way to oxygenate the body, as using ozone.

#### **CAUTION:**

The only people who should **NOT USE HYDROGEN PEROXIDE** are individuals who have undergone organ transplants. Hydrogen peroxide stimulates the immune system and it will attack anything that is foreign from what is normally present in the body. A transplanted organ is a foreign

body that could be rejected. **Care should be taken with Hydrogen Peroxide to avoid direct contact with the eyes.**

The only hydrogen peroxide that should be taken or used topically is 35% 'food grade' at a diluted strength of no more than 3.5% that is free from stabilizers or preservatives. This is referred to as 'Pharmaceutical Grade'. It must be free of the stabilizers and preservatives, (such as acetanilide, phenol, sodium stannate and tetra-sodium phosphate) which pollute most of the commercially available products available from the pharmacies. **Under no circumstances should you ingest undiluted hydrogen peroxide. It must be diluted.**

Hydrogen peroxide is very reactive and should be taken on an empty stomach. A teaspoon full in a glass of water three times a day, at least an hour before any meal, or three hours after any food has proven to be satisfactory. **Hydrogen peroxide will react with food's bacteria in your stomach, and the result is excess foaming, nausea and possibly vomiting.** You may experience symptoms including nausea, fatigue, diarrhoea and cold or flu-like symptoms or your skin may also break out or inflame with boils, etc., for a few days, as your body attempts to expel large amounts of dead cells and pathogens. This is known as a 'healing crisis'. It is the body's normal reaction to the removal of disease-causing pathogens or other toxic conditions. You will begin to feel much better in a few days. Drink lots of water.

You can use clean unpolluted hydrogen peroxide as a mouthwash. It can complement an equal mixture of Sodium bicarbonate and Himalayan salt as the ideal toothpaste. (Almost all toothpastes contain harmful poisons. Check their ingredients.) It can be absorbed best through the skin by bathing in a bath with up to 5 liters of 3.5% hydrogen peroxide. You can inhale oxygen by purchasing a nasal spray bottle and inhaling the mist deeply into your lungs and mouth or using a vaporiser or humidifier that is run all night. This drastically improves breathing and wards off colds and flu. Some also say it usually stops snoring. Intravenous injections are illegal in Australia although quite common in many overseas countries where using this technique has been used for well over 40 years on hundreds of thousands of patients who have been treated safely and with amazing success.

Hydrogen peroxide has been used as an enema and douche without concern as the "good" bacteria in the colon and vagina are aerobic and flourish in an oxygen rich environment, Disease-causing bacteria are most often anaerobic, which means they thrive in environments with less oxygen. The same benefit results when ingesting hydrogen peroxide with the bacteria that lives in the stomach. The "good" bacteria benefit and the "bad" bacteria are removed.

### **HYDROGEN PEROXIDE 3.5%**

Our highly recommended Hydrogen Peroxide is made by diluting the best quality 35% food grade  $H_2O_2$  we could find with very pure laboratory quality water, normally used for chemical analysis. It is totally uncontaminated with any other chemicals and is ideal for water treatment purposes.

It is stored in food grade blue plastic bottles for safe distribution and handling. It has a recommended shelf life of approx <4 months from the date of purchase. It is available from our web site or directly from KalayaProducts. Do your own research. There are thousands of scientific studies that show how safe and effective oxygen therapy really is. Many books written by respected authors are available on the subject.

Gerald Hancock (2011)

**We make no medical claims as to the benefits accruing from the use of Hydrogen Peroxide or Oxygen.**

**[www.kalayaproducts.com.au](http://www.kalayaproducts.com.au)**